



# 2016 "GARDEN STATE CUP XX"

Taekwondo Championships

Sunday, November 06, 2016

Ridge High School, Basking Ridge, New Jersey

## OFFICIAL DIVISIONS

### WTF & OPEN Forms Division

<i>AGE</i>	<i>Male Weight</i>	<i>Female Weight</i>	<i>BELT COLOR</i>
5 years & Under	<b>ONE</b>  Groups exceeding 8 competitors will be divided into two groups	<b>ONE</b>  Groups exceeding 8 competitors will be divided into two groups.	White/Yellow/Orange/Gold  Green  Blue/Purple  Red/Brown  Black  (White / Yellow for OPEN Forms) (Green / Blue for OPEN Forms) (Red / Black for OPEN Forms)
6 & 7 years			
8 & 9 years			
10 & 11 years			
12 & 13 years			
14 & 15 years			
16 & 17 years			
18 & 34 years			
35 & up			

### Gyorrogi Sparring Division

<i>AGE</i>	<i>Male Weight</i>	<i>Female Weight</i>	<i>BELT COLOR</i>
5 years & Under	LT / HVY	<b>LT / HVY</b>  Weight specifications will be determined on the day of the competition.	White/Yellow/Orange/Gold  Green  Blue/Purple  Red/Brown  Black
6 & 7 years	LT / MDL / HVY		
8 & 9 years	LT / MDL / HVY		
10 & 11 years	LT / MDL / HVY		
12 & 13 years	LT / MDL / HVY		
14 & 15 years	LT / MDL / HVY		
16 & 17 years	LT / MDL / HVY		
18 & 34 years	LT / MDL / HVY		
35 & up	LT / HVY		

### Free Style Breaking Division

<i>AGE</i>	<i>Male Weight</i>	<i>Female Weight</i>	<i>BELT COLOR</i>
5 years & Under	<b>ONE</b>  Groups exceeding 8 competitors will be divided into two groups.	<b>ONE</b>  Groups exceeding 8 competitors will be divided into two groups.	White/Yellow/Orange/Gold  Green  Blue/Purple  Red/Brown  Black
6 & 7 years			
8 & 9 years			
10 & 11 years			
12 & 13 years			
14 & 15 years			
16 & 17 years			
18 & 34 years			
35 & up			

New Height & Distance Break Divisions, Speed & Power Kick Divisions will be divided equally to create fair competition among participants on the day of competition.

*\*All divisions are subject to change. Based on registration, divisions maybe further subdivided.*