



2016“GARDEN STATE CUP XX”

Taekwondo Championships
Sunday, November 06, 2016
Ridge High School, Basking Ridge, NJ

September 01, 2016

Dear Masters, Instructors, Athletes, and Parents,

Garden State Cup is celebrating its 20th year this year!!

On behalf of the Ji Ho Choi Taekwondo Institute, I am pleased to extend my sincere invitation to you and your students to the 20th Annual Garden State Cup XX Taekwondo Championships to be held on Sunday, November 06, 2016 at Ridge High School Gymnasium in Basking Ridge, New Jersey.

This year, we are celebrating our twentieth year of what has now become a fall tradition. Our organizing committee meets continuously throughout the year to research and develop the competition to enhance both athlete and spectator experience, and this year we have been able to form many valuable partnerships with local and regional masters and globally recognized companies that we feel would enrich all participants across the board.

We have also taken your suggestions and weighed-in on the benefits of some and put others aside for future development. And from your feedback, we are adding **Demo Team Competitions** this year as a new team competition. Taekwondo competition does not have to center around the sparring event, the spirit of competition comes from the hard work and sweat of every athlete, who are brave and bold to step onto that competition floor and demonstrate confidence, integrity, perseverance, and true sportsmanship, which are the true teachings of Taekwondo. To uphold these qualities of athleticism, we are constantly working to develop and uphold a safe, fair play, and fair judging standards by inviting highly qualified internal referees. The organizing committee has once again approved the use of WTF approved Electronic Body Protectors and Scoring System to score the Junior and adult black belt sparring events. **To provide fair breaking competition, it is mandatory for all athletes to use the competition approved breaking boards sold on the day of competition. Non-certified boards will not be allowed to be used at this competition.**

We invite you to join us at **Ridge High School on November 06, 2016** and become part of a fall taekwondo tradition. Please take some time to read over the enclosed package and contact us with your concerns and questions.

We look forward to seeing you at the **Garden State Cup XX**.

Sincerely,

Grand Master Ji Ho Choi
Hosts & Director
“GARDEN STATE CUP XX”